

# LILLOOET & DISTRICT REC CENTRE

## 2023 Winter Drop-In Schedule



### Monday

9:30-10:30am Gym Walking

12:00—1:30pm Public Skate

4:30-6:00pm Drop-in Basketball

5:30-6:45pm Yoga with Kathryn, \$8.00

6:00-8:00pm Drop-in Pickleball

### Tuesday

12:00pm—1:30pm Drop in Hockey (Age 16+, gloves and helmet mandatory)

1:00-3:00pm Drop-in Pickleball

1:30-3:30pm Carpet Bowling for Seniors

7:00-8:00pm Yoga with Brittany, \$8.00 – cash only.

7:00-8:30pm Adult Drop-in Soccer

### Wednesday

9:30-10:30am Gym Walking

12:00pm —1:30pm Public Skate

5:30-6:45pm Yoga with Kathryn, \$8.00

6:15pm-8:00pm Drop-in Pickleball

### Thursday

12:00pm—1:30pm Drop in Hockey (age 16+, gloves and helmet mandatory)

1:00-3:00pm Drop-in Pickleball

5:30-6:30pm Yoga with Brittany, \$8.00.

7-8:30pm Adult Drop-in Volleyball, age 16+.

### Friday

9:30am - 10:30am Gym Walking

12:00pm—1:30pm Public Skate

8:30-10:00pm Teen Skate, please pay Skate Patrol-cash only. **Ends for the season: March 10, 2023.**

### Saturday

Main Building Open 10am-2pm

Library Open 11am-2pm

### Sunday

#### Main Building & Library Closed

\*2:00-3:00pm Family Skate\*3:00pm—4:30pm Everyone Welcome Public Skate

**Sunday skates end March 5, 2023.**

**The Arena will close for the season March 25, 2023.**

**Swimming Pool Schedule attached.**

**New schedule out each month.**

### Weight Room Hours

#### With Membership:

Monday to Friday 6:00am—8:00pm

Saturday 10:00am—2:00pm

Sundays: Closed

#### Drop In Customers:

Monday to Friday 9:00am —8:00pm

Saturday 10:00am—2:00pm

Sundays: Closed

### Lillooet REC Centre Drop in Rates & Membership Prices

	Drop In	11 Punch Pass	1 Month Pass	3 Month Pass	6 Month Pass	Annual Pass
<b>Child (4 – 12)</b>	\$3.00	\$30.00	\$27.00	\$64.80	\$113.40	\$194.40
<b>Youth (13 – 18)</b>	\$4.00	\$40.00	\$36.00	\$86.40	\$151.20	\$259.20
<b>Adult (19 - 54)</b>	\$5.50	\$55.00	\$49.50	\$118.80	\$207.90	\$356.40
<b>Senior (55 +)</b>	\$4.00	\$40.00	\$36.00	\$86.40	\$151.20	\$259.20
<b>Family</b>	\$10.50	\$105.00	\$94.50	\$226.80	\$396.90	\$680.40
<b>Instructor Led Class</b>	\$8.00/ Adult	\$80.00				

### Admissions:

Monday to Friday 9am-5:30pm admissions paid at the office. All forms of payment accepted.

#### Evenings and weekends:

Weight room users pay Custodian. Swimmers pay Lifeguard on deck, cash only. Skaters– pay Skate Patrol, cash only.

# Something for everyone at the Lillooet REC Centre!

## REC Centre Bouldering Wall

9:00am - 8:00pm Mon to Fri

10:00am - 2:00pm Saturday

**Orientation must be completed prior to first climb:** Waiver & Instructional DVD. Children under 15 must be supervised by a parent/guardian while climbing.



## PUBLIC SKATES

**Mon/Wed/Fri:** 12 Noon to 1:30pm– **Last skate of the season March 24th.**

**Teen Skate:** Friday 8:30-10pm, for ages 12-18.

**Last skate of the season: March 10th.**

**\*Sunday:** Family Skate 2:00pm-3:00pm

Public Skate 3:00pm-4:30pm \*

**Last skates of the season: March 5th.**

Skate rentals \$2 age 13+, **cash only on weekends.**



## Regular Rate Activities:

Included in Full Facility Membership

\* Programs with an instructor are not included and will have an additional program fee.

### Swimming Pool:

-all public swim times, lane swims, etc.

### Arena:

- All Public Skates
- Noon Drop in Hockey (Age 16+)



### Gymnasium:

- Drop in Pickleball
- Drop in Basketball
- Adult Drop-in Soccer & Volleyball

### Main Core:

- Weight Room [15yrs of age & older]
- Squash Court
- Bouldering Wall
- Carpet Bowling

## Instructor-Led Programs:

**Ages 15+**

**\$8 drop-in or \$80 Fitness 11-Punch Card**

### YOGA with Kathryn Young

**Monday & Wednesday 5:30-6:45pm in the mezz**

**No class March 13 & 15**

\$8 drop-in or Fitness 11-Punch

Please pay at the office.



### Yoga with Brittany Lyons

**Tuesday 7:00-8:00pm in the Mezz**

\$8 drop-in or Fitness 11-Punch

**Please pay Instructor, cash only.**

**Thursday 5:30-6:40pm in the mezz**

\$8 drop-in or Fitness 11-punch

Please pay at the office.



## Weight Room Users:

Users must be at least 15 years old to use unsupervised.

All users must bring clean indoor athletic shoes to wear. No outdoor footwear or sandals.

Youth 12-14 may use equipment, other than free weights, if **DIRECTLY supervised** by a parent/guardian.

Users are responsible for wiping down all equipment after use and returning weights to the racks

**Drop-in Schedule is subject to change. Call 250-256-7527 for the most up-to-date information.**

**We are on Facebook: [www.facebook.com/LillooetRec/](http://www.facebook.com/LillooetRec/)**