

LILLOOET & DISTRICT REC CENTRE

2022 Fall Drop-In Schedule



Monday

9:30-10:30am Gym Walking
12:00—1:30pm Public Skate
6-8pm Drop-in Pickleball

Tuesday

12:00pm—1:30pm Drop in Hockey (Age 16+, gloves and helmet mandatory)
1:00-3:00pm Drop-in Pickleball
1:30-3:30pm Carpet Bowling for Seniors
5:30-7:00pm Drop-in Volleyball, age 16+

Wednesday

9:30-10:30am Gym Walking
12:00pm —1:30pm Public Skate
5:00-6:00pm Zumba with Karime, \$8.00. Oct.19-Dec.7.
6:15pm-8:00pm Drop-in Pickleball

Thursday

12:00pm—1:30pm Drop in Hockey (age 16+, gloves and helmet mandatory)

1:00-3:00pm Drop-in Pickleball

Friday

9:30am - 10:30am Gym Walking
12:00pm—1:30pm Public Skate
6:00-6:45pm Zumba-Low Intensity, \$8.00 drop-in, runs Sept.23-Dec.2, no class Nov.11.
7:00-8:00pm Zumba– High Intensity, \$8.00 drop-in, no class Nov.11, runs to Dec.2nd.

Saturday

Main Building Open 10am-2pm
Library Open 11am-2pm

Sunday

Main Building & Library Closed

*2:00-3:00pm Family Skate

*3:00pm—4:30pm Everyone Welcome Public Skate

* Sunday skates are subject to cancellation due to hockey games. Please check with the office or on Facebook for the most up-to-date schedule.

Swimming Pool Schedule

attached. New schedule out in November.

Weight Room Hours

With Membership:

Monday to Friday 6:00am—8:00pm
Saturday 10:00am—2:00pm
Sundays: Closed

Drop In Customers: Monday to Friday 9:00am —8:00pm
Sat. 10:00am—2:00pm
Sundays: Closed

Lillooet REC Centre Drop in Rates & Membership Prices

	Drop In	11 Punch Pass	1 Month Pass	3 Month Pass	6 Month Pass	Annual Pass
Child (4 – 12)	\$3.00	\$30.00	\$27.00	\$64.80	\$113.40	\$194.40
Youth (13 – 18)	\$4.00	\$40.00	\$36.00	\$86.40	\$151.20	\$259.20
Adult (19 - 54)	\$5.50	\$55.00	\$49.50	\$118.80	\$207.90	\$356.40
Senior (55 +)	\$4.00	\$40.000	\$36.00	\$86.40	\$151.20	\$259.20
Family	\$10.50	\$105.00	\$94.50	\$226.80	\$396.90	\$680.40
Instructor Led Class	\$8.00/ Adult	\$80.00				

Admissions:

Monday to Friday 9am-5:30pm admissions paid at the office. All forms of payment accepted.

Evenings and weekends:

weight room users pay Custodian. Swimmers pay Lifeguard on deck– cash only. Skaters– Sunday skate pay Skate Patrol, cash only.

Something for everyone at the Lillooet REC Centre!

REC Centre Bouldering Wall

9am - 8:00pm Mon to Fri

10:00am - 2:00pm Saturday

Orientation must be completed prior to first climb: Waiver & Instructional DVD. Children under 15 must be supervised by a parent/guardian while climbing.



PUBLIC SKATES



Mon/Wed/Fri: 12 Noon to 1:30pm

***Sunday:** Family Skate 2:00pm-3:00pm

Public Skate 3:00pm-4:30pm

*Sunday skates are subject to cancellation due to hockey games. Sunday skates supervised by Skate Patrol. Skate rentals \$2 age 13+, **cash only on weekends.**

Holiday Skate Schedule in effect Dec.17-January 2

Regular Rate Activities:

Included in Full Facility Membership

* Programs with an instructor are not included and will have an additional program fee.

Swimming Pool:

-all public swim times, lane swims, etc.

Arena:

- All Public Skates
- Noon Drop in Hockey (Age 16+)

Gymnasium:

- Drop in Pickleball
- Drop in Basketball
- Adult Drop in Volleyball (16yrs+)

Main Core:

- Weight Room [15yrs of age & older]
- Squash Court
- Bouldering Wall

Instructor-Led Programs:

Ages 15+

\$8 drop-in or \$80 Fitness 11-Punch Card

ZUMBA with Karime Jolly

Friday in the Gym

September 23-December 2, 2022

6:00-6:45pm— Low intensity

7:00-8:00pm—High intensity

No classes Sept.30, Nov.11

\$56.00/8 sessions or \$8 drop-in

Drop-ins will pay instructor, cash only.

NEW: Wednesday Zumba with Karime

Wednesdays 5-6pm, October 19-December 2, 2022

\$56.00/8 sessions or \$8.00 drop-in. Please pay at the office.

YOGA with Kathryn Young

November 23-December 21

Wednesday 5:30-6:45pm in the mezz

\$8 drop-in or Fitness 11-Punch

Please pay at the office.



Weight Room Users:

Users must be at least 15 years old to use unsupervised.

All users must bring clean indoor athletic shoes to wear. No outdoor footwear or sandals.

Youth 12-14 may use equipment, other than free weights, if **DIRECTLY supervised** by a parent/guardian.

Users are responsible for wiping down all equipment after use and returning weights to the racks

Drop-in Schedule is subject to change. Call 250-256-7527 for the most up-to-date information.

We are on Facebook: www.facebook.com/LillooetRec/