

Pool Schedule November 2021, starting November 1st

Time	Monday	Tuesday	Wednesday	Thursday	Friday
1:00 PM	1:00	1:00	1:00	1:00	1:00
1:15 PM	Lanes & Leisure	Lanes & Leisure	Lanes & Leisure	Lanes & Leisure	Lanes & Leisure
1:30 PM					
1:45 PM	2:00pm	2:00pm	2:00pm	2:00pm	2:00pm
2:00 PM					2:00
2:15 PM	2:15	2:15	2:15	2:15	Parent & Tot Swim
2:30 PM	AquaFit		AquaFit		Tot Swim
2:45 PM	3:00pm		3:00pm		3:00pm
3:00 PM	3:00	Lessons	3:00	Lessons	3:00
3:15 PM					
3:30 PM					
3:45 PM	Everyone Welcome		Everyone Welcome		Everyone Welcome
4:00 PM		4:15pm		4:15pm	
4:15 PM		4:15		4:15	
4:30 PM				Everyone Welcome	
4:45 PM					
5:00 PM	5:00pm	Everyone Welcome	5:00pm	5:30pm	5:00pm
5:15 PM	5:15		5:15		5:15
5:30 PM	Swim Team		Program	5:30 Program	Swim Team
5:45 PM					
6:00 PM					
6:15 PM	6:15pm	6:15pm	6:15pm	6:30pm	6:15pm
6:30 PM	6:30	6:30	6:30	6:30	6:30
6:45 PM					
7:00 PM	Lane Swim	Lane Swim	Lane Swim	Lane Swim	Lane Swim
7:15 PM					
7:30 PM					
7:45 PM					
8:00 PM	8:00pm	8:00pm	8:00pm	8:00pm	8:00pm
8:15 PM	Closed	Closed	Closed	Closed	Closed

Admission Policy: Children 6 years of age or under must always be accompanied in the water and remain within arm's reach of a parent or responsible person 16 years of age or older. Ratio of children 6 years or under to adult must be no greater than three to one.

SWIM & PROGRAM TYPES...

CLOSED: For cleaning/maintenance, swim level evaluations/lessons & other programs.

Parent & Tot Swim: For parents & preschool-age children.

Lanes & Leisure: This is a quiet swim with space for lap swimming, water walking, exercise and casual swimming. Diving board and slide are closed.

Everyone Welcome: Diving board, slide and rope available. Up to 2 lap lanes available at lifeguard's discretion. Children under 7yrs must be accompanied into the water by a responsible adult age 16+ and stay within arm's length reach.

Lane Swim: The pool is divided into 6 lanes, 2 lanes each for casual, slow and medium lane swimming. Swimmers are responsible for choosing the correct lane for their workout and speed. Diving board and slide are closed.

All admissions payable at the office.

Note: The sauna will not be available while the current Interior Health COVID-19 exercise restrictions are in place.