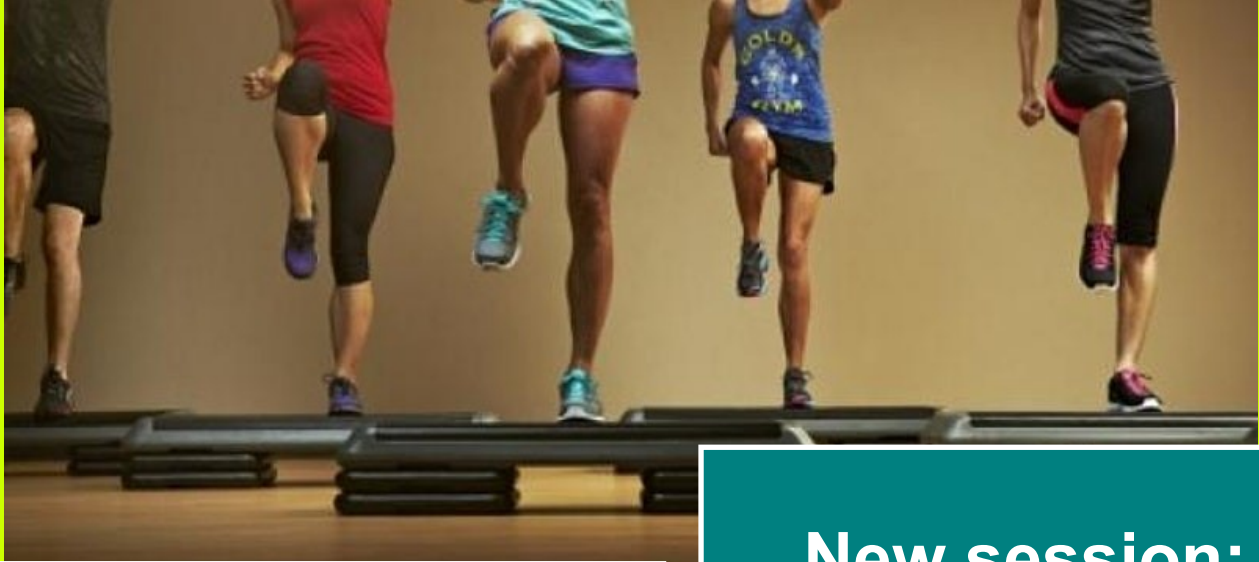


Lillooet & District REC Centre

Step Fitness



With certified Group Fitness Instructor
Morgan Szakacs

**A fun fitness program to
improve
overall strength,
core, balance
and coordination!**

New session:

Thursdays

7:00-8:00pm

Gymnasium

April 21-June 9, 2022

\$56.00/8 classes

Registration required.

Register for Mon & Thurs sessions
for \$112

Mondays start April 4.

Contact the REC Centre for more information :



250-256-7527, rec@lillooet.ca